

## Fashion and Self-Expression

1. How do you use fashion as a way to express your personality and identity?
2. What influences your fashion choices the most—trends, personal taste, or cultural background?
3. How do you think fashion can empower individuals to feel more confident in their daily lives?
4. What role do you believe fashion plays in shaping first impressions and social interactions?
5. How do you balance following fashion trends with maintaining your unique style?
6. What's a fashion item or accessory that you feel truly represents who you are?
7. How do you think fashion has evolved as a form of self-expression over the years?
8. What are your thoughts on sustainable fashion, and how does it impact your clothing choices?
9. How do you think cultural and societal norms influence what is considered fashionable?
10. What role does fashion play in different subcultures or communities you're familiar with?
11. How do you feel about the idea of “fast fashion” versus investing in timeless, quality pieces?
12. How do you think fashion can challenge stereotypes and break down barriers?
13. What's your favorite way to experiment with your look—through color, accessories, or something else?
14. How do you think social media has influenced personal style and fashion trends?
15. What advice would you give to someone who wants to develop their own unique fashion sense but doesn't know where to start?